

# Panchase - Sarangkot Trekking

You will hike up to Sarangkot (1600m) to watch sunrise and sunset along with a magnificent panorama of Annapurna, Dhaulagiri and Manaslu ranges and Mt. Macchapuchre.

The Panchase-Sarangkot Trek is an excellent introduction to the Annapurna Region of Nepal. It is a short and simple trek that takes in breathtaking Himalayan views as well as the rich beauty of Pokhara.

The hike begins in Pokhara and takes you through verdant hills and woods that overlook the magnificent Phewa Lake. After travelling past the settlement of Bhumdi, you will come across one of Pokhara valley's highest passes, Panchase Banjhyang (2300m) and Panchase Hill (2500m). En route, you can stop at the Peace Pagoda to take in the breathtaking views of the Pokhara valley.

You will next climb up to Sarangkot (1600m) to see the sunrise and sunset, as well as a spectacular view of the Annapurna, Dhaulagiri, and Manaslu ranges and Mt. Macchapuchre. Sarangkot has evolved into an adventure destination for paragliding, mountain biking, and trekking, among other activities. The finest seasons for Panchase-Sarangkot trekking are spring and autumn, however, it is possible to trek around the year.

Duration: 11 days

Price: \$1045

Rating: 3 Star

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Annapurna Region

## Itinerary:

### Day 1: Arrival in Nepal

Arrive in Kathmandu (1450m), transfer to hotel and welcome dinner in the evening.

### Day 2: Sightseeing in Kathmandu Valley

Sightseeing in Kathmandu Valley and preparation for the trek.

### Day 3: Kathmandu - Pokhara

Transfer from Kathmandu to Pokhara (820m) by bus - 7h00 or by plane - 30minutes.

### Day 4: Pokhara - Phewa Lake - Bhumdi

Crossing Phewa Lake by boat - 45 minutes.

Phewa Lake - Bhumdi (1520m) - 4h00.

**Day 5: Bhumdi - Panchase Bhanjyang**

Bhumdi - Panchase Bhanjyang (2030m) - 5h30.

**Day 6: Panchase Bhanjyang - Panchase Peak - Bhadaure**

Panchase Bhanjyang - Panchase Peak (2500m) - Bhadaure (1960m) - 5h00.

**Day 7: Bhadaure - Sarangkot**

Bhadaure - Sarangkot (1590m) - 5h00.

**Day 8: Sarangkot - Pokhara**

Sarangkot - Pokhara - 4h00.

**Day 9: Pokhara - Kathmandu**

Transfer from Pokhara to Kathmandu by bus - 7h00 or by plane - 30minutes.

**Day 10: Free day in Kathmandu**

Free day in Kathmandu and farewell dinner in the evening.

**Day 11: Final departure**

Transfer to airport for final departure.

**Highlights:**

- Short and easy trek around Pokhara
- Hike up to Panchase Hill (2500m)
- Visit Peace Pagoda, Phewa Lake and Sarangkot
- Spectacular panorama of Annapurna, Dhaulagiri and Manaslu ranges