Panch Pokhari(Five Holy Pond)Trekking

Panch Pokhari, which consists of five holy ponds, is located at the base of Jugal Himal at an elevation of 4200 metres. It is a region of tremendous religious' significance to both Hindus and Buddhists. The Panch Pokhari Trekking is a rarely visited pilgrimage site that takes travelers through magnificent Sherpa and Tamang communities, lush forests, meadows, and terraced fields. It comprises a hike to Jugal Himal, Panch Pokhari (or the five sacred ponds), Sherpa village, and Tamang village. While visiting Panch Pokhari or the five holy ponds and Jugal Himal, the traveller can see an interesting scene and breathtaking sights. It is also well-known for its pilgrimage route. The Panch Pokhari hikes are part of the Langtang area trek.

Duration: 15 days

Price: $1425

Rating: 3 Star

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Langtang Region

Itinerary:

Day 1: Arrive in Kathmandu

Arrive in Kathmandu, transfer to hotel and welcome dinner in the evening.

Day 2: Sightseeing

Sightseeing in Kathmandu and preparation for the trek.

Day 3: Drive to Chautara

Drive to Chautara (1420m) by bus - 5h.

Day 4: Chautara - Nawalpur

Chautara - Nawalpur (1830m) - 5h30.

Day 5: Nawalpur - Ratnaule

Nawalpur - Ratnaule (2440m) - 5h30.

Day 6: Ratnaule - Saddle Kharka

Ratnaule - Saddle Kharka (3320m) - 6h30.

Day 7: Acclimatization day

Acclimatization day in Saddle Kharka.

Day 8: Saddle Kharka - Nasimpati

Saddle Kharka - Nasimpati (3620m) via Hile Bhanjyang (3720m) - 6h30.

Day 9: Nasimpati - Panch Pokhari .

Nasimpati - Panch Pokhari (4010m) - 4h. Exploration around Panch Pokhari.

Day 10: Panch Pokhari - Tupi Danda

Panch Pokhari - Tupi Danda (2320m) - 5h.

Day 11: Tupi Danda - Dhap

Tupi Danda - Dhap (1200m) - 5h.

Day 12: Dhap - Melamchi Bazaar

Dhap - Melamchi Bazaar (850m) - 5h30.

Day 13: Drive to Kathmandu

Drive to Kathmandu by bus - 6h.

Day 14: Farewell

Free day and farewell dinner in the evening.

Day 15: Final departure

Depart to airport.

Highlights:

- Spiritual significance: The trek visits five sacred lakes revered by Hindus and Buddhists.
- Breathtaking mountain views: Trekkers are treated to stunning vistas of the Himalayan peaks.
- Cultural immersion: Encounter traditional villages and learn about the customs of Sherpas, Tamangs, and Gurungs.
- Challenging terrain: The trek features rugged trails, steep ascents, and the thrilling crossing of the Panch Pokhari Pass.
- Rich biodiversity: Explore diverse landscapes, from lush forests to alpine meadows, and spot unique flora and fauna along the way.