Mt. Annapurna South Expedition



Annapurna South Expedition (7219m) is a spectacular adventure that takes you to one of the most beautiful and challenging peaks of Nepal. This thrilling expedition in Nepal combines trekking through remote and scenic trails, exploring diverse forests, valleys, and villages, and climbing to the summit of the majestic Annapurna South, which is part of the Annapurna massif.

Our journey begins from Nayapul, a small town near Pokhara, where we start our trek along the Modi Khola river. We follow the trail to the picturesque village of Ghandruk, home to the Gurung people, who are famous for their hospitality and culture. We enjoy the views of Annapurna South, Hiunchuli, and Machhapuchhre from the village, and visit the Gurung Museum to learn more about their history and traditions. We then trek through the largest Rhododendron forest in Nepal, where we can see various species of birds and flowers. We also pass by some waterfalls and streams, adding more charm to our trek. We reach Kopra Ridge, where we set up our campsite under the shadow of Annapurna I, the tenth-highest mountain in the world. From here, we hike to the sacred Khair Lake, also known as Baraha Pokhari, where we perform a puja ceremony to seek blessings for our climb. The lake is surrounded by snow-capped peaks and offers a serene atmosphere for meditation and reflection. We then ascend to the Base Camp of Annapurna South, where we prepare for the final push to the summit. The climb is challenging but rewarding, as we witness the panoramic views of the Annapurna and Dhaulagiri ranges from the top. We also feel a sense of accomplishment and pride for reaching one of the most coveted peaks in Nepal. After achieving our goal, we descend back to Base Camp and retrace our steps to Nayapul, where we end our memorable expedition.

Duration: 40 days

Price: $3800

Rating: 5 Star

Group Size: Minimum Pax - 1

Grade: Tough and Technical

Destination: Nepal

Activity: Expedition In Nepal

Quick Facts

Elevation: 23,684 ft / 7,219 meters

Location: Central Nepal

Latitude: 28° 3? 04?

Longitude: 83° 48? 30?

Best season: Winter, Spring & Autumn

Year First Climbed: 1964 via the North Ridge

First Climber(s): S. Uyeo and Mingma Tsering of a Japanese Expedition team

Convenient Center(s): Pokhara

Entry / Exit: Pokhara (Annapurna Region)

Nearest Major Airport: Kathmandu (minor: Pokhara)

Easiest Summit Route: North ridge

Itinerary type: Fixed / Customized

Accommodations: Lodge / Camping

Trek grade: Strenuous

Total days: 36 + 4 = 40days

Total royalty: US$ 2,000 up to 7 members & additional each US$ 300

Garbage deposit: US$ 3000 refundable

Air rescue deposit: US$ 3000.00 for a group (Refundable if not used)

Air fare: Current fare applicable if required

Liaison Officer Charge: Depending on the size of group

Climbing Guide fee: Depending on the size of group

Equiment Lists:

1. Climbing gear: Ice axe, crampons, harness, carabiners, ascender, descender, helmet, rope, slings, etc.
2. Mountaineering boots: Sturdy and warm boots that can fit crampons and withstand high altitude conditions.
3. Trekking shoes: Comfortable and lightweight shoes for lower altitude trekking and walking.
4. Down jacket: Warm and windproof jacket for cold weather and high altitude.
5. Gore-Tex jacket and pants: Waterproof and breathable outer layer for protection from rain and snow.
6. Fleece jacket and pants: Warm and cozy mid layer for insulation and comfort.
7. Thermal underwear: Base layer for retaining body heat and moisture wicking.

8. Shirts and trousers: Casual and comfortable clothing for lower altitude trekking and walking.
9. Gloves: Warm and waterproof gloves for climbing and cold weather.
10. Socks: Woolen or synthetic socks for warmth and comfort.
11. Hat: Warm and windproof hat for covering the head and ears.
12. Sunglasses: UV protection glasses for preventing snow blindness and eye damage.
13. Sleeping bag: Warm and comfortable sleeping bag for camping at high altitude.
14. Sleeping mat: Foam or inflatable mat for cushioning and insulation.
15. Backpack: Durable and spacious backpack for carrying personal gear and equipment.
16. Duffel bag: Large and sturdy bag for storing extra gear and equipment. It will be carried by porters or yaks.
17. Headlamp: Bright and reliable headlamp for night time visibility and emergencies.
18. Water bottle or bladder: Hydration system for drinking water during the trek and climb. It should be insulated to prevent freezing.
19. Water purification tablets or filter: Water treatment method for ensuring safe drinking water from natural sources.
20. Personal first aid kit: Basic medical supplies for treating minor injuries and illnesses. It should include painkillers, bandages, antiseptic, antibiotics, etc.
21. Personal toiletries: Essential items for personal hygiene such as toothbrush, toothpaste, soap, towel, etc.
22. Sunscreen: High SPF sunscreen for protecting the skin from sunburn and damage.
23. Lip balm: Moisturizing balm for preventing dryness and cracking of the lips.
24. Snacks: Energy bars, chocolates, nuts, dried fruits, etc. for boosting energy and morale during the trek and climb.

Cost Include:

- All land transportation: Airport /Hotel/Airport, trekking, expedition pick up & drop.
- Accommodation in Kathmandu on bed & breakfast plan as per given itinerary.
- Transport as per itinerary for members, staff and Liaison Officer.
- Transportation of all food and climbing equipment to base camp and back.
- Peak permit fee.
- Full board basis during the trekking.
- All kitchen equipment; kitchen tent, dining tent, toilet tent, shower tent, chairs and tables at the base camp.
- Cook and Kitchen boys at the base camp.
- Base camp tents for members and staff.
- Per Person 50 KG. Equipment’s luggage / barrels allowed till to Base Camp.
- Equipment allowance, wages and insurance for base camp staff and Liaison Officer.
- National Park Conservation Fee.
- Air fare: KTM/Lukla/ KTM & domestic airport tax with Cargo fees.
- Satellite phone (Pay calls).
- Visa extension.
- Emergency Oxygen -Mask and regulator.
- Agency service charges.

Cost exclude:

- Lunch and dinner during your stay in Kathmandu.
- Airfare from / to your country.
- Nepal entry visa fee. (Can be obtained at the airport upon arrival).
- Service above Base Camp.
- Drinks except tea and coffee.
- Personal climbing gear and equipment above base camp.
- Walki -Takie permit & Satellite phone permit.
- Climbing Guide (Sherpa).
- Oxygen & Mask -regulator for climbing.
- Personal insurance such as travel, accident, medical and emergency evacuation.
- Nepal custom duty for import of expedition goods arriving to Nepal by air or road.
- Expenses of personal nature such as drinks, laundry, postage, telephone, etc.
- International airport departure tax & tourist tax.
- Tips and climbing bonus.
- Garbage deposit US $ 3000.00 for a team. After expedition deposit will be refundable.

Other Features:

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- Air rescue deposit: US$ 3000.00 for a group (Refundable if not used)
- Air fare: Current fare applicable if required
- Liaison Officer Charge: Depending on the size of group
- Climbing Guide fee: Depending on the size of group