# Mount Kailash Trekking

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Humla Mt Kailash Trekking is an adventurous journey into Mt. Kailash (Mt. Kangrinpoche) in Tibet. Known as the roof of the world, thousands of trekkers and pilgrims visit Tibet every year, particularly to explore Mt. Kailash and Mapam Tso (Lake Mansarovar) and learn about the unique culture and lifestyles of ethnic Tibetans.

Mt. Kangrinpoche (6714m) is regarded as a holy mountain by Bons, Buddhists, Hindus, and Jain. It is the source of water for four biggest rivers in Asia including Sutlej, Indus, Karnali, and Brahmaputra. Tibetans spend many days circulating the mountain which now has become a catching trend among trekkers and tourists to follow suit. In this trek, you will also visit the Mapam Tso Lake at an elevation of 4590m, one of the jewels of the Tibetan landscape. The lake supports a unique ecosystem that is a lifeline for diverse biodiversity.

Humla Mt. Kailash Trekking offers you an alternative route to enter Tibet through Hilsa border between Nepal and Tibet. Hilsa border in the Far Western region of Nepal is a five days walk from Simikot, one of the remotest places in Nepal. You will need to fly from Kathmandu to Nepalgunj and then to Simikot.

The trek from Simikot to Hilsa Once you reach the Hilsa border, Tibetan guides will meet you and take you on a four-wheel drive towards Mt. Kailash and Mapam Tso. It will take two days from Hilsa on a jeep drive to reach Lake Mansarovar via Purang. From Purang it is a one day drive to Darchen (4560m), the start point for your circumambulation of Mt. Kailash. It will take another three days to completely circle the mountain. Afterward, drop down to Zutrul Phuk via Dolma La pass at 5600m. You will reenter Nepal via Purang and trek the Limi Valley back to Simikot to catch flights to Nepalgunj and later to Kathmandu.

The best season for Humla Mt. Kailash Trekking is in Summer, from May till September. Adventure Thirdpole has years of experience in arranging permits and logistics required for this auspicious adventure.

Duration: 28 days

Price: $2660

Grade: Challenging

Destination: Nepal

Activity: Trekking in Nepal

Region: Humla Region

### Itinerary:

**Day 1:** Arrive in Kathmandu

Arrive in Kathmandu, transfer to hotel and welcome dinner in the evening.

**Day 2:** Sightseeing

Sightseeing in Kathmandu and preparation for the trek.

**Day 3:** Kathmandu to Nepalganj

Fly from Kathmandu to Nepalganj - 1h.

**Day 4:** Nepalganj to Simikot

Fly from Nepalganj to Simikot (2910m) - 45 minutes and commence trek to Tuling (2300m) - 3h.

**Day 5:** Tuling - Kermi

Tuling - Kermi (2670m) - 5h.

**Day 6:** Kermi - Yalbang

Kermi - Yalbang (3020m) - 5h.

**Day 7:** Yalbang - Tumkot

Yalbang - Tumkot (3380m) - 5h.

**Day 8:** Tumkot - Yari

Tumkot - Yari (3700m) - 5h.

**Day 9:** Yari - Hilsa

Yari - Hilsa (3720m) via Nara-la Pass (4620m) - 6h.

**Day 10:** Hilsa - Sher border

Hilsa - Sher border. Drive from Sher to Purang (3900m) - 50 kms.

**Day 11:** Purang to Mansarovar Lake

Drive from Purang to Mansarovar Lake (4560m) - 90 kms.

**Day 12:** Free morning to visit Chui Gompa

Free morning to visit Chui Gompa and take a holy bath in the lake. During afternoon, drive from Mansarovar to Darchen (4560m) - 1h.

**Day 13:** Darchen - Diraphuk

Darchen - Diraphuk (4890m) - 7h.

**Day 14:** Diraphuk to Zuthulphuk

Diraphuk to Zuthulphuk (4790m) via Drolma-la Pass (5650m) - 6h.

**Day 15:** Zuthulphuk to Darchen

Zuthulphuk to Darchen - 5h. Drive from Darchen to Purang.

**Day 16:** Purang to Sher border

Drive from Purang to Sher border - 50 kms. Sher border - Hilsa.

**Day 17:** Hilsa - Manepeme

Hilsa - Manepeme (3990m) - 6h.

**Day 18:** Manepeme - Til

Manepeme - Til (4000m) - 6h.

**Day 19:** Til - Halji

Til - Halji (3660m) - 3h.

**Day 20:** Halji - Jang

Halji - Jang (3930m) - 4h.

**Day 21:** Jang - Talung

Jang - Talung (4370m) - 8h.

**Day 22:** Talung - Shinjungma

Talung - Shinjungma (3620m) via Nyalu-la Pass (4949m) - 8h.

**Day 23:** Shinjungma - Kermi

Shinjungma - Kermi - 7h.

**Day 24:** Kermi - Simikot

Kermi - Simikot - 6h.

**Day 25:** Simikot to Nepalganj

Fly from Simikot to Nepalganj - 30 minutes.

**Day 26:** Nepalganj to Kathmandu

Fly from Nepalganj to Kathmandu - 1h.

**Day 27:** Farewell time

Free day and farewell dinner in the evening.

**Day 28:** Final departure

Depart to the airport.

## Highlights:

- Visit sacred Mt. Kailash and Mapam Tso (Mansarovar)
- Cross high trans Himalayan passes
- Observe Tibetan culture and lifestyle
- Trekking in the Limi valley of Nepal