

Marshyangdi River Rafting

Marshyangdi is the rafting river in Nepal and describes one of the best whitewater runs in the world. One of the best class 4 kayaking rivers in the world-continuous, exhilarating whitewater with magnificent mountain backdrops. Recommended for expert kayakers and rafters. The scenery is magnificent with every bend of the river opening up fresh vistas of some of the world's highest mountains, but these are behind-as someone said "great views but you need rear view mirrors". Marshyangdi River translates to Ragging River rises on the northern slope of the Annapurna Himal, flows east all the way through a barren valley within the area of Manang District then swings south to join the Trishuli River. One of Nepal's steepest rivers, Marshyangdi River is renowned as one of the best whitewater runs in the world.

All the rafting equipment required for the best rafting in Nepal for river trips are arranged by Thirdpole Adventure Treks.

Duration: 5 days

Price: \$475

Rating: 3 Star

Group Size: Minimum Pax - 6

Grade: Strenuous

Destination: Nepal

Activity: River Rafting In Nepal

Quick Facts

Possible operation: Autumn & Spring

Departure: Fix and on request

Total time in Nepal: 05 days

Rafting Days: 05 days

Entrance by: 8 hours drive to Bensi Sahar for km. drive from Ktm.

Put-in point: Nagdi

Put-out point: Bimal Nagar

River distance: 47 km.

Numbers of pax require: Minimum 6 persons

Itinerary:

Day 1: Drive 8 hours to Bensisahar from Kathmandu and then to Khudi to set up camp

After reaching Bensisahar we unload the gear and one of our staff will show up with a porter who will carry all the expedition gear to



our camp at Khudi. We arrive at Khudi in time to set up camp, relax and find the best spot to take in the magnificence of the surrounding Himalayas at sunset.

Day 2: Trek start from Khudi to Ngadi then back to Ngadi by raft for your night camp

After breakfast, we start trekking for a couple of hours to our put in point Ngadi. Lunch will be served, rafts are pumped, gear handed out after and your expedition leader will brief you and train you on land about safety and paddling. Pay attention as you are straight into the rapids and this river has a way of underlining any mistakes! This is the most knuckle gripping section of the river so enjoy it. We encounter rapids as Instant Karma, Twinkie, Adrenaline, and Mama's Big Butt by Bhulbhule. We finish today back at Khudi and have a well-earned dinner.

Day 3: Start adventure-rafting trip from Khudi and raft up to the sandy beach below Bensisahar

From today you have to be prepared to continuous bumping into the challenging rapids and it doesn't stop after the 1st day. The crystal blue water thunders down steep as a waterfall for mile after mile, with lush jungle clinging insecurely to the canyon walls and surreal mountains suspended high above the forested ridges. You have to run on these rapids and tackle the intense whitewater rafting for the next 5 hours. Lunch will be provided on the way and then continue descent to the camping site in the sandy beach. The white sandy beaches below Bensisahar make for the most comfortable nightspot around.

Day 4: As done before and camp in Bhotewodar

After breakfast, we hit directly into whitewater again. At Phaliya Sanghu the whole river is squeezed between vertical walls, which rise 200 ft to a suspension bridge across the river. For a short section after Phaliya Sanghu, the river relaxes, the rapids are more open and nowhere as powerful. We end the day at Bhotewodar, where we camp on the banks in the cave of a Shiva temple.

Day 5: Bhotewodar to

The river becomes very mellow and goes through a high walled gorge with birds and vegetation that can only be described as breathtaking. We reach our take-out point at Bimal Nagar by lunchtime where our transport is waiting to take us back to Pokhara or Chitwan or Kathmandu

Other Features:

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