Mani Rimdu Festival Trekking



> You will have to trek to Everest region to participate in the unique Mani Rimdu Festival in Thyangboche Monastery. Aside from the Festival, you will also be trekking to Kalapathar (5643m), which offers a fantastic panorama of Everest, Makalu, Cho Oyu, Lhotse, Nuptse, Thamserku etc.

To attend the one-of-a-kind Mani Rimdu Festival at Thyangboche Monastery, you must trek to the Everest region. Aside from the festival, you will also trek to Kalapathar (5643m), which provides unparalleled views of Everest, Makalu, Cho Oyu, Lhotse, Nuptse, Thamserku, and other peaks.

Mani Rimdu Festival is the biggest festival celebrated by the Sherpa community in the Everest region. Every year the festival takes place at the famous Thyangboche Monastery in Thyangboche in Khumbu Valley. The festival is a celebration of the initiation of Buddhism in Tibet by Guru Rimpoche. The celebration lasts five days and features rigorous 24-hour puja ceremonies, however, it will only be open to the public for three days.

The first few days, monks devote time to drawing a large mandala on the premises of Thyangboche Monastery. The mandala is formed with colored sand stones and consists of multilayer layers of ornamentation, each conveying a symbolic and spiritual connotation of Buddhist doctrine. Mandalas are made to invoke the God of Compassion, who will eventually radiate throughout the world, ensuring long life, peace, and prosperity. On the day of Wong, which falls on a full moon day, Buddhist devotees from all over the Everest region congregate at the monastery to get blessings from Mani Rilwu and Tshereel for long life and prosperity. The following day the festival becomes entertaining when monks perform ritualistic mask dances or cham resembling various Buddhist deities. On the ensuing days, pujas are performed to the God of Fire and Mandala wishing to ward off evil from the world.

The festival dates vary from year to year, but it is normally held in October or November.

Duration: 21 days

Price: $1995

Rating: 3 Star

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Everest Region

Itinerary:

Day 1: Arrive in Kathmandu

Arrive in Kathmandu, transfer to hotel and welcome dinner in the evening.

Day 2: Sightseeing

Sightseeing in Kathmandu and preparation for the trek

Day 3: Kathmandu-Lukla

Fly from Kathmandu to Lukla (2800m) - 40 minutes and commence trek to Phakding (2600m) - 3h.

Day 4: Phakding - Namche Bazaar

Phakding - Namche Bazaar (3450m) - 6h30.

Day 5: Acclimatization day

Acclimatization day in Namche Bazaar.

Day 6: Namche Bazaar - Tengboche

Namche Bazaar - Tengboche (3870m) - 6h30.

Day 7: Tengboche - Dingboche

Tengboche - Dingboche (4350m) - 6h.

Day 8: Dingboche - Lobuche

Dingboche - Lobuche (4930m) - 5h30.

Day 9: Lobuche - Gorakhshep

Lobuche - Gorakhshep (5200m) - 4h. Exploration to Everest Base Camp (5300m).

Day 10: Gorakhshep - Kalapattar

Gorakhshep - Kalapattar (5545m) - Lobuche - 6h30.

Day 11: Lobuche - Tengboche

Lobuche - Tengboche - 6h.

Day 12-16: Mani Rindu Festival

Observe Mani Rimdu Festival.

Day 17: Tengboche - Namche Bazaar

Tengboche - Namche Bazaar - 5h.

Day 18: Namche Bazaar - Lukla

Namche Bazaar - Lukla - 6h.

Day 19: Lukla to Kathmandu

Fly from Lukla to Kathmandu - 40 minutes.

Day 20: Farewell

Free day and farewell dinner in the evening.

Day 21: Final Departure

Depart to the airport.

Highlights:

- Participate and observe the Mani Rimdu Festival at Thyangboche Monastery.
- Hike up to Kalapathar
- Observe breathtaking vistas of Mt. Everest, Cho-Oyu, Lhotse, Makalu, etc.
- Explore Sherpa culture and hospitality.