Makalu Trek crossing Sherpani Col Pass



> "Crossing such high passes like Sherpani pass (5,640m) and Amphu Labtsa pass (5,780m), Makalu Trekking is a lifetime experience and the most absolute adventurous trip to the world's 5th highest mountain Mt. Makalu (8,481m)".

Makalu Trek crossing Sherpani Col Pass is a romantic trip to Mt. Makalu, passing through Himalayan alpine woods and experiencing the ethnic culture of Rai, Sherpa, and Bhutia communities.

Duration: 26 days

Price: $3300

Rating: 4 Star

Group Size: Minimum Pax - 2

Grade: Challenging

Destination: Nepal

Activity: Trekking in Nepal

Region: Makalu Region

Quick Facts

Total Days: 26 Days

KTM: 04 Over Nights

Trek Days : 22 Days

Trek starts/Ends at : Tumlingtar/Lukla

Maximum elevation: Sherpani pass 5640m/ Amphu Labtsa pass 5,780m

Trek Grade: Difficult

Trek Distance : 180 km Approx.

Accommodation : Lodge (Teahouse)

Type of Trek : Camping

Itinerary : Customized (Can be changed as per the different situation)

Geography: Alpine mountains & valleys / Alpine villages, Glaciers & cold places

Best Season : Mid Spring & Autumn

Special Interest: Cultural, Experiential and Environmental education, bird watching, nature walk, photography, religious

Main mountain views: Kanchenjunga, Everest, Lhotse, Baruntse and Chamlang himal.snowcapped peaks.

People: Kirats (Rai, Limbus) Gurung, Sherpa, Bhotias of Tibetan origin, Chettries, Bhramin etc

Itinerary:

Day 1: Arrive at Kathmandu 1,300m and transfer to Hotel.

Day 2: Preparation for trekking

Day 3: Fly to Tumlingtar (950m) 40 minutes flight and camp.

Early morning scenic flight (40 min) from Kathmandu to Tumlingtar overlooking a range of snow-capped peaks from Langtang all the way to Mt.Everest. At Tumlingtar airport, meet our trekking crew and porters. Overnight Camp in Tumlingtar situated on a shelf above the Arun River.

Day 4: Drive to Chinchilla (1,800m) via Mani-Bhanjyang (1,200m) 4 hrs.

4 hr pleasant morning drive through farm fields, villages and sub-tropical forest of Sal (Sorea-Robusta) to reach Khadbari, headquarter of the Sankhuwa Shaba. The dirt road trail ahead is gradual with few ups and down till it reaches the village of Manibhanjang and then to Chinchilla, a small farm village with a superb view of Mt.Makalu 8,463m and the Khumbukarna mountain range.

Day 5: Trek to Num (1,500m) 5 - 6 hours.

After a good morning view of Makalu and its satellite peaks, the trek continues into the cool and serene forest of rhododendron, oaks, and hemlocks and climb down a ridge to Num. Num is a small village with about fifteen houses on the banks of Arun River

Day 6: Trek to Sedua (1,493m.) Approx: 5 hours.

From Num prepare to climb down incredibly steep and terraced slopes towards the Arun River, nearly 800 meters below. The trail through densely forested gives way to a suspension bridge over the torrential Arun River, reaching Runruma. After lunch, a steep climb takes up to Sedua, a village with a small health post. Put up an overnight camp near the schoolyard.

Day 7: Trek to Tashi Gaon(2,200m)Approx 3 - 4 hours.

The trek to Tashi-Gaon is a short walk of three to four hours through the farm fields and terraces, You will be met with an uphill climb for one hour through the millet and rice fields before reaching Tashi Gaon, a Sherpa village. In the afternoon you will have time to wander around.

Day 8: Rest day at Tashi Gaon.

A rest day for acclimatisation, giving good time for the porters to rest and to re-supply their ration before the walk to Barun and Makalu area.

Day 9: Trek to Kohma Danda. Approx 3,500m. 5 - 6 hours walk

Tashi Gaon is the last village we will be leaving behind. Our trail heads toward Makalu basin, in the beautiful shade of the rhododendron and oaks forest, coming to an open area of Kohama danda for the overnight camp. This spot offers a grand view of 3rd highest mountain Kanchenjunga, Mt. Makalu towards North West.

Day 10: Trek to Mumbuk (3,400m) 6 hours walk

With the wonderful morning and the superb views of the surrounding landscapes and snow-capped peaks, trek follows a gradual trail along Thulo Pokhari (big pond) and Sano Pokhari(small pond) and then crosses the Tutu-la pass at 4,075m. Drop down at Mumbuk for overnight camping in the middle of the woods of pines, hemlock, birch, and rhododendrons.

Day 11: Trek to Nehe Kharka (3,750m) 6 hours.

Catch the view of the Khumbukarna as you approach Barun Valley, one of the least explored area in the eastern Himalayan region of Nepal. Designated as Makalu-Barun National Park, the region is home to are some 3,000 species of flowering plants, 440 bird species and 75 species of mammals, including the endangers clouded leopard, red panda, and musk deer. Follow the Barun river upstream towards our camp at Nehe-Kharka.

Day 12: Trek to Sherson (4,600m) 6 hours walk.

Cross Barun river by way of a couple of wooden bridges, which make use of conveniently situated boulder to reach Sherson, the lower base camp of Mt.Makalu. There are a number of stone enclosures at this high grazing ground with an outstanding view of the host of peaks, including the upper part of Makalu south face, and Mt.Baruntse (7,220m).

Day 13: At Sherson for acclimatization and day hike.

A free day hike and acclimatization around Sherson. Take in closer views of Mt. Makalu, Barun Pokhari, the Kanshung face of Everest.

Day 14: Trek to High Makalau Base Camp 4,800m. 2 - 3 hrs.

From Sherson, continue to isolated area towards the higher base camp, at the snout of the Barun glacier, where more spectacular views of Mt.Makalu, Lhotse, and Everest awaits.

Day 15: Trek to Higher Camp 5,200m. 4 - 5 hrs.

The journey from here heads westwards to camp just below Makalu west pillar. Following this valley onto the glacier we make our way over the boulder-strewn caves and ice to a camp known as Puja Camp below the towering Mt. Makalu's West Pillar. Our strenuous trek on the glacier is rewarded with unique views of Lhotse and the rare Kangshung face of Everest.

Day 16: On route Camp at 5, 700m. 4 - 5 hrs.

Leaving our camp the path follows to a steep climb up the rocky slopes of the Barun's west bank, until a line of cairns leads us into the valley where two small glaciers are fed by the slopes of the Sherpani Col. We will make our camp beneath the ice cliffs at the terminus of these two glaciers after 4-5 hours of vigorous climb.

Day 17: Rest day and preparation for the hard climb.

An important rest day for acclimatization before the hard high climb and steep descent. At this altitude offers superb views of the giant West Face and West Pillar of Makalu. Here our expert guides will check the route and make the pass accessible by fixing ropes on route pass.

Day 18: Trek & Camp on the Moraine 5,640m after crossing Sherpani col.

Today is the big day! The climb of the icy snout of the Sherpani Glacier, on steep snow-covered slopes, to the rocky crest of the West Col. The stunning view unravels that of Baruntse's icy ridges to the north, the vast cliffs of Makalu, the wall of Chamlang to the south and the shapely spire of Ama Dablam. Make a descent from the Col on fixed lines to the Hongu Glacier.

Day 19: Trek to Panch Pokhari 5,480m. 4 - 5 hrs.

Our journey leads towards the main busy trail of Lukla, Namche Bazaar and Thyangboche. Walk across the wide reaches of the upper Hongu Basin towards Kang Leyamura (6,430m) peak towards beautiful Panch Pokhari meaning 'five pounds'. We make our camp near the largest pond at the foot of our final pass Amphu Labtsa 5,780m.

Day 20: Cross Amphu Labtsa pass 5,780m trek to Chukung 4,730m 7 - 8 hrs.

An early start from the camp for 2-3 hrs trek leads to the top of the pass, overlooking stunning views of the impressive south face of Lhotse and Lhotse Shar and the summit of Island or Imajatse Peaks. An hour or more walk will take us to the ablation valley by the side of the Imja Glacier, near Chukung a temporary settlement with 5-6 teahouse and lodges.

Day 21: Trek to Thyangboche 3, 867m. 6 hrs.

Our route from here leads to a pleasant walk on the downhill slope to Dingboche and Pangboche village before Thyangboche. From Pheriche, a short walk brings you to the tree-lines and green vegetation, of Thyangboche for the overnight stop.

Day 22: Trek to Monjo. 2,835m. Approx: 5 - 6 hrs.

Retrace the journey back to Namche Bazaar on the downhill and gradual path. After Namche Bazaar walks most of the way

downhill to Monjo for the overnight. Monjo village is located near Sagarmatha National Park entrance.

Day 23: Trek to Lukla 4 - 5 hrs walk.

Today the end of this great adventure trekking back to Lukla, a leisure and pleasant walk, with few short up-hills to encounter. On reaching Lukla, enjoy the last dinner with the fellow Sherpa guides and porters.

Day 24: Fly Lukla-Kathmandu.

As per the flight time, (flight delays due to bad weather and other technical reason may occur), check-in for the scenic flight to Kathmandu with panoramic views of high mountains during 30 minutes flight. On arrival at the domestic terminal, GA staffs transfer you back to the Hotel.

Day 25: Free day in Kathmandu at leisure.

A free day in Kathmandu, inform our GA staff if you would like to go on another short tour in and around Kathmandu Valley.

Day 26: Transfer to Airport for the International departure.

Today as per your international flight time, keep your confirmed air ticket. We transfer you to the International airport for your final departure from Nepal, the land of high Himalayas.

Highlights:

- Scenic flight to Tumlingtar and from Lukla.
- Impressive views of high mountains
- Crossing high passes Sherpani Col and Amphu Labtsa pass
- Warm hospitality of Rai, Bhutia and Sherpa
- Visit Everest Base Camp and the Glacier.
- City Sightseeing tour in Kathmandu city

Cost Include:

- Pick up and drop from airport-hotel-airport
- Accommodations in a 3-star hotel in Kathmandu and teahouses during the trek
- Breakfast in Kathmandu.
- All meals during the trek
- Domestic flights
- An experienced English-speaking trek leader (trekking guide), assistant trek leader (4 trekkers: 1 assistant guide) and Sherpa porters to carry luggage (2 trekkers:1 porter) including their salary, insurance, equipment, flight, food and lodging
- Duffel bag, and trekking
- All necessary paper work and permits (National park permit, TIMS)
- All government and local taxes
- Welcome and farewell dinners

Cost exclude:

- Items of personal nature ie. Soft/hard drinks, tips etc.

- Travel Insurance (this is a mandatory condition of booking)
- Medical evacuation in case of emergency
- Personal spending money
- Sleeping bag and Down jacket
- Tips

Other Features:

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