

## Hinduism & Buddhism Tour ( 5 Nights 6 Days )

Nepal presents a unique religious harmony in the world. The the two main religions in the country, Hinduism, and Buddhism are the perfect example. Hindu pray in Buddhist stupas and Buddhist pray in the Hindu temples. So Hinduism and Buddhism Tour helps to understand the relationship between Hinduism and Buddhism. This tour is the opportunity to observe the harmony which exists between Hinduism and Buddhism. It is an extension of the Tours to Kathmandu Valley.

Duration: 6 days

Price: \$550

Rating: 3 Star

Grade: Easy

Destination: Nepal

Activity: Tour in Nepal

### Itinerary:

#### Day Day 01: Arrive in Kathmandu

After being welcomed in the Tribhuvan International Airport, you are transferred to your hotel for refreshing and resting.

Later you are taken to the Kathmandu Durbar Square. In this UNESCO site, you can see many temples dedicated to different Hindu deities.

Among them Taleju Temple, Kumari Ghar, and Kasthamandap, the temple which is supposed to have given its name to the city.

During the evening, you are invited to a welcome dinner.

Night in Kathmandu.

#### Day Day 02: Places related with hindusm

This morning you move to Dakshinkali, a holy hindu place 20 kms south of Kathmandu.

There lays a temple dedicated to the terrible goddess Kali. Hundreds of devotees (especially on Tuesdays and Saturdays) gather at the temple to pay homage to the goddess and sacrifice animals for Her.

After noon, you discover Patan Durbar Square. Patan also called Lalitpur means "the city of artists".

This complex of temples has been damaged because of a earthquake in 1934 but all buildings have been restored since that date.

In Patan you can find one of the only two five pagodas temple in Nepal : the Khumbeshwor Temple.

Night in Kathmandu.

#### Day Day 03: Visit different places within Kathmandu

One hour drive from Kathmandu is Changuarayan Temple at the top of a hill. This Hindu Temple is registered as a World Heritage Site by UNESCO.

This temple dedicated to Lord Vishnu, the God of Protection is the oldest temple in the country.

Driving down from Changuarayan Hill, you stop in Bhaktapur for visiting its Durbar Square.

The Durbar Square of Bhaktapur is the cleanest, the most well conserved and the most peaceful of the three Durbar Square of the Valley.

Among the attractions, you visit the Golden Gate, the 55 Windows Palace, Taleju Temple and Nyatapola Temple, a five pagodas temple.

You are then transferred to Nagarkot, a city at the top of a hill (2000m) from where you can enjoy a panoramic view on the Himalayas.

From there, you can see the ranges of Annapurna in the west, Manaslu, Ganesh Himal, Langtang, Rolwaling and Everest in the east.

Night in Nagarkot.

**Day Day 04:** Enjoy your tour with diff.places

From Nagarkot, you drive to Namobuddha Monastery.

The Buddhist monastery hosts 250 monks and hides the legend of a Prince who gave his own body to a starving tigress.

From Namobuddha, you start a three hours hike down to Panauti. After visiting this city you are brought back to Kathmandu.

Night in Kathmandu.

**Day Day 05:** Continue your tour

This morning you discover the Stupa of Swayambunath known among foreigners as Monkey Temple.

This Buddhist Temple settles at the top of a hill in Kathmandu. It is registered as a World Heritage Site by UNESCO.

The temple complex is scattered with shrines and statues of both Buddhist and Hindus deities characterizing the country's unique religious harmony.

After lunch, you visit the Stupa of Boudhanath, one of the largest stupas in South Asia.

This Buddhist place is the house of many of the Tibetan refugees who leave their country in the 1950s.

This "Little Tibet" is the best place in the Kathmandu Valley to observe the Tibetan lifestyle.

Close to Boudhanath is Pashupatinath, a Hindu Temple dedicated to Lord Shiva, the God of Destruction.

Registered as a UNESCO site, the main attraction of Pashupatinath is the human cremations.

Once a year the Shivaratri Festival is held in the temple gathering thousands of Hindu pilgrims.

In the evening you are invited to a farewell dinner.

Night in Kathmandu.

**Day Day 06:** Free time & final departure

You have free time buying souvenirs and resting before being transferred to the airport for your final departure.