Gokyo Renjo Pass Trekking

This trek is a combination of the Gokyo Lake and the Everest Base Camp. A visit to Gokyo Ri offers the glittering view of Cho Oyu, Everest, Lhotse, Nuptse, and Amadablam. We then cross over the Cho Lo pass and visit the Everest Base Camp. This trek also offers a walk through the most dramatic landscape and magnificent views of the mountain range in the region.

With eight of the world's ten highest peaks, Nepal is loaded with spectacular mountains vistas. Everest trek in justifiably famous, not only for its proximity to the world's highest mountain (8848m) but also for its friendly Sherpa people, picturesque villages great variety of cultures and traditions, colorful festivals and monasteries. The flora and fauna are other ornaments of the Sagarmatha National Park. The story of the Yeti (snowman) is still a mystery to the world from the Khumbu region.

Everest Base Camp trek has everything: the incredible mountain views from Chukung, Kala Pattar and Gokyo River. Popularly known as "The Ultimate Trek," it includes all that the Khumbu has to offer including the fascinating villages and Tibetan Buddhist monasteries and the culture and hospitality of the Sherpa people, who will surely win your hearts. After starting with a flight to Lukla (2,805m/9,200ft) we trek up to Kala Pattar viewpoint (5,550m/18,200ft) trek up the Khumbu Glacier to Everest Base camp set under the awesome Khumbu Icefall. Then we veer off the main trail to cross the Cho La pass (5,422m/17,783ft) into the Gokyo Valley. To top off this unique trek we climb Gokyo Ri (5,488m/18,000ft) for a panoramic view of the greatest mountain scenery in the world - including five 8000+m/26,000+ft giants and myriad other peaks of the Khumbu Himal.

Proceeding further up and from Lobuche, the path is clear and pleasant at first and then it climbs, twisting and threading its way onto the rough moraine of the Khangri Glacier and finally to Gorak Shep. From Gorak Shep, Kala Pattar is about two hours walk. The sunrise view from Kala Pattar is a rare and rewarding experience. Kala Pattar (Black rock) is the most popular viewpoint of the Everest region. Walk to the base camp can be interesting although there are no views of Mt. Everest. The descending trails involve nearly the same route down to Lukla for a flight back to Kathmandu.

Fast Fact
Activities Trekking
Trek Grade Moderate to Strenuous
Max Altitude 5345
Trip Duration 12 days

Total Days In Nepal 16 days
Accommodation Tent / Lodge
Transportation Car / Van / Plane
Group Size 02 (minimum)
Best Time Feb-May, Sep-Nov
Per Day HIking 5 to 6 hours

Duration: 16 days

Price: $1291

Rating: 3 Star

Group Size: 2 Pax (Minimum)

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Everest Region

Itinerary:

Day 1: Kathmandu - Arrival/Transfer

Based on your arrival details, our airport representative will receive you at Tribhuvan International Airport and then transfer to your hotel in Kathmandu. If you arrive early, you can explore some places in the city. Make sure you give him the photos required for your trekking permits.

Day 2: Sight seeing in KTM

Half-day Cultural city tours, Kathmandu Durbar Square , Pashupati Nath, Syambunath & Buddha Nath- Buddish & Hindus temples - The biggest Buddha Stupa, Bhaktapur Durbar Square, Patan Durbar square in Kathmandu valley. Afternoon trekking Guide (Sherpa) will come to meet you for next day departure Information at a hotel.

Day 3: Kathmandu to Lukla to Phakding (2610 m) 4 hours

Wake up early in the morning because your guide will arrive at your place at 5:30 AM and accompany you to the airport. Board the early morning flight at 6:30 AM to Lukla (2750 m). The scenic flight will complete in about 45 minutes and you will land at Lukla Airport. Have breakfast there and start the trek, arriving at Phakding (2610M) in about 4 hours. This is a fairly plain terrain and is largely inhabited by Sherpas. Continuing onwards, follow upstream Dudhkoshi River and check-in at a local lodge where you spend the night.

Day 4: Phakding - Namche Bazaar (3441 meters) 5.30 hours.

We continue trekking along the banks of the Dudh Kosi, crossing this majestic river many times on exciting suspension bridges laden with prayer flags. After entering Sagarmatha National Park, the trail climbs steeply with breathtaking views. Namche Bazaar is known as the Gateway to Everest which is home to many quality restaurants, hotels, lodges, shops, Money exchange, internet cafe,

and a bakery. Namche is one of the biggest villages along the whole Everest trail.

Day 5: Namche Bazar (Acclimatisation day)

Before you can continue walking further to places at higher altitude, you need to acclimatize. Namche Bazar is just the right kind of place to do so, because you can do some daytime hiking in and around Khumjung Village, returning to your accommodation before it is too dark.

Day 6: Namche Bazaar / Dole (4200 m) 7 hours

Wake up early, freshen up and prepare to resume the trek. Today you have to cover a walking distance of nearly 7 hours. Sights of Mt. Ama Dablam and Mt. Thamserku cannot be missed if the weather is fine. You will also walk some of the settlements of Sherpa people on your way.

Day 7: Dole - Gokyo 4700m 8 hours

The Trail form Dole to Gokyo via Machhermo and Fanga goes gradual ups, you should walk for about 7-8 hours to reach Gokyo. Gokyo Lake happens to be one of the biggest highlights of the entire trip and is a place you cannot afford to miss. The lake can also be viewed from the lodge where you will stay for the rest of the day. The weather in this locality remains most of the time.

Day 8: Excursion around Gokyo Lake

Wake up, freshen up and satisfy your appetite with an energetic breakfast. Then start walking towards the base of Gokyo Ri, the only trekking peak in Khumbu region. If time permits, you can go on an excursion around Gokyo Lake as well and then return to your accommodation in Gokyo. You are advised to go to bed early enough as you need to prepare your body for the strenuous journey the next morning.

Day 9: Renjo Pass (5345m), Rermo Pokhari (4875m) 7 -8 hours

Your next challenge is Renjo Pass, lying at 5345 m and the path is not that easy. At first, you walk up a gentle and grassy slope but as you proceed, you will face a steeper path mostly covered with loose rocks. The access to the pass is even trickier and steeper. The highest point of the pass reveals a stunning panorama with Tengi Ragi Tau, Rolwaling Peak and more. A small lake called Rermo lies towards west while Gyachung Kang, Everest, Lhotse, Makalu, and the Gokyo lakes lie in the east. In the evening, tents will be set up where you will spend the Thame.

Day 10: Namche Bazar 7-8 hours

Most of the remaining trek is easy and you can proceed at your own pace, having nothing to worry about. Arrive at Namche Bazar and spend the night there. You can collect some souvenirs for your beloved ones from the curio shops in the vicinity

Day 11: Naamche to Lukla 7 hours

This is the last trekking day and you can start after having an early morning breakfast. You can have lunch after reaching Lukla. Later, you can explore the Sherpa village and observe their simple yet unique lifestyle.

Day 12: Lukla to Kathmandu (Flight)

To conclude your fascinating journey you will board the early morning domestic flight back to Kathmandu. The guide will transfer you to your hotel in a private car or taxi. You can get some ideas for spending the rest of the day or ask for a departure transfer if

you are scheduled to leave Kathmandu the same day.

Day 13: Free Day

Today is your last day in Nepal so by souvenir and present for your friend and family. At the evening Adventure Thirdpole Treks will host a farewell dinner in Nepali typical restaurant in Kathmandu.

Day 14: Fly Back Home

You will departure from Nepal to your destination.