

## Gokyo & Renjo La Pass



This is an alternate route to Everest base camp or Kalapattar via Gokyo and high alpine Cho La pass (5420m.). The region is considered to be the amphitheater of vast natural surroundings with the existence of rare flora, fauna, and its unique ecosystem. Mystically described to be the Yeti route, this trek provides comfortable accommodation facilities en route except in Dzong La.

This trek offers you a very beautiful open view of mountains such as Thamserku, Amadablam, Baruntse, Makalu, Everest, Lhotse, Cholatse, Lhotse Shar and Nuptse etc. from Gokyo. You have to set out your trekking from Lukla-a place, which can be reached by air service from Katmandu

Duration: 16 days

Price: \$1291

Rating: 5 Star

Group Size: Minimum Pax - 2

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

### Itinerary:

**Day 1:** Arrive in Kathmandu, transfer to hotel

**Day 2:** Sightseeing in Kathmandu city & arranges trekking permit.

Optional Trip: Mountain Flight in the morning which start from 6:40 to till 7:40 Mountain flight will cost extra US\$ 203/person will take you to show most of Nepal's and Tibet's mountains including Mt. Everest

Today you will have a morning guided tour of Boudhanath and Pashupatinath. Boudhanath is a great white half dome with the Eyes

of Buddha painted on it and is one of the most famous cultural icons of Nepal. It is a site of very active worship and nowhere on earth will you encounter such a concentration of varied Buddhist activity. Not far away you will visit one of the holiest and venerated of all Hindu temples, Pashupatinath. Non-Hindus are not allowed inside the golden-roofed pagoda-style temple, but you can glimpse the great gold bull through the doorway. A great pilgrimage occurs here in February, attracting Hindu ascetics and devout worshippers from all areas of the Hindu world. Rhesus monkeys are everywhere around the grounds, riverside cremations are often taking place and there is always a colorful group of ascetic pilgrim visitors encamped in the general area. If time permits you will visit the Tibetan refugee center and Patan, another of the old Kingdoms of the Kathmandu Valley.

**Day 3:** Kathmandu to Lukla - (2850m) 35-45 minutes flight.-Phakding 2640m - trek for 5 hours

After breakfast, we take a drive for 10 to 20 minutes to TIA and take 35- 45 minutes flight to Lukla. during the the flight you can see many mesmerizing moutain's profiles from west to east. . after off flight, you proceed to Phakding along the Sherpa village and natural beauty of Dudh Koshi river view, some mountain views, and landscapes of Pharak.

**Day 4:** Trek to Namche 3440 m 5hrs

We start our trek to Namche after breakfast from where we can seeing the beautiful scenery of Thamserku and Khumbila. After a walk of two and a half hour, you will reach Jorsalle where will check your trekking and entry permit of Sagarmatha national park.your Lunch will thereby Jorsalle. After Lunch you will head towards Namche . after one hrs walk you will cross the bridge in hight over Dudh Koshi and start climbing to Namche. Stay at the hotel and lodge.

**Day 5:** Acclimatizing in Namche

this day is for acclimatizing. During the day you can visit Syangboche, Thame or Khunde Khumjung as side hike. And you can make your days more effective.

**Day 6:** Namche Bazar - Dole (4100m) - 7 hours

The trail descends to the Naktok Khola, passing through forests. The trail then continues to follow this river at a fairly constant easy gradient.

**Day 7:** Dole - Machhermo (4470m) - 4 hours

We continue along the river. This is an easy day again, but necessary for the acclimatization process.

**Day 8:** Machhermo - Gokyo (4790m) - 4 hours

The route continues along the river, passing the Ngozumba Glacier on the right. Gokyo lies by the side of the third of five glacial lakes, which are very attractive. In the afternoon, we climb the small peak of Gokyo Ri (5483m) for the stunning view of Cho Oyu, Everest, Lhotse, and Makalu to the east.

**Day 9:** Gokyo

Gokyo rests or Walk up the valley alongside the Ngozumba Glacier, the largest in Nepal, and visit the Fifth Lake- Whole day for back and forth.

**Day 10:** Gokyo - climb Gokyo Peak (5357M) - back to Gokyo - 5 hours

**Day 11:** Trek from Gokyo - Renjo Pass (5345m) – Thame (3800m) – Long day walk – 10 hours

Early morning after breakfast, we will climb Renjo la pass, this is a truly amazing high pass in the Everest region and is getting even more popular by the day, after about 3 hours, we gain the Renjo La where a dazzling vista awaits, The Everest itself, Lhotse, Cholatse, and Taboche can be seen gleaming in the sunshine, Views from Renjo La are much like that from Gokyo Ri with third Gokyo Lake and Gokyo Village beneath the gray smear of Ngozumpa Glacier. Continuing on from the pass, the trail winds down a stone staircase, the presence of ice on the trail while descending down can make our descent a bit hazardous. Along the way, we see Relama Tsho and Renjo Lake. However, we walk down through a narrow valley clogged with giant boulders to Lumde where there is a support Lodge but it can be closed often, we have lunch there and trek down to Thame.

**Day 12:** Trekking from Thame to Namche Bazaar

Today we continue our trekking following the flat route and descending to first resting place Thame after heading towards to Namche Bazaar, We climb down after crossing a bridge after which we eventually reach Samde, The place offers breathtaking view, The path steeply descends down to Thame village which hosts a monastery called Khari Gompa which is a nunnery being home to some nuns and monks, after passing through a check post, we come to the world's highest hydroelectric power station built with Austrian help.

**Day 13:** Trek from Namche Bazaar to Lukla ( 2850m) - 8 hrs Trek

Today is the last day of your trekking. The hike is real cool & easy, except for a few short uphill climbs and then down to the Bhoti-Koshi River crossing it three times, the last uphill climb of 45 minutes will bring you to Lukla.

**Day 14:** Fly back to Kathmandu

Today is the last day of your trekking. The hike is really cool & easy, except for a few short uphill climbs and then down to the Bhoti-Koshi River crossing it three times, the last uphill climb of 45 minutes will bring you to Lukla.

**Day 15:** Rest in Kathmandu**Day 16:** Departure to airport to back home

Final Departure. We take you to the airport for your final departure.

**Cost Include:**

- Airport / Hotel / Airport pick up & drop by private car / van
- Twin sharing accommodation on BB plan & single room for odd number at Hotel Blue Horizon or similar hotel in KTM - 4 nights
- Accommodation in local lodge during the trekking period
- Guided city tour in Kathmandu by car / van for 2 days
- All meals (breakfast, lunch and dinner) at tea houses during the trek to and from Kathmandu
- 1 government licensed English speaking Guide for every 10 trekkers during the trek to and from KTM
- 1 porters for every two trekkers to carry the luggage during the trek
- Domestic airfare where applicable as per the itinerary
- National Park or Conservation area entry permits for trekkers
- TIMS card (Trekker's Information Management System) for trekkers
- Tax, VAT, official expenses and company profit
- Welcome and farewell dinner
- Rest of the land transport as per the itinerary
- All Government and local taxes

- First aid kit comprehensive
- Salary, allowances, equipment, clothing & insurance for all field staff including porters
- Trekking map for each trekkers

**Cost exclude:**

- Lunch and dinner while in Kathmandu
- Your personal travel insurance and medical evacuation in case of emergency (compulsory)
- International airfare and airport taxes
- Excess baggage charges while domestic flight, hot shower, battery charge (during the trek), telephone etc.
- Nepal entry visa fee (US\$ 30 per person) you obtain a visa easily upon your arrival at Tribhuvan International Airport in Kathmandu
- Alcoholic beverages, hot and cold drinks, bottle and boiled water, laundry and hot shower in trekking lodge
- Tips and gratuities for trekking staff and driver
- Sightseeing/Monuments entrance fees in Kathmandu
- Any others expenses which are not mentioned on Price Includes section
- Personal gears & clothing (available on hire)
- Expenses incurred due to accidents, landslide, strikes, political unrest, etc..
- Entrance fees during the cultural sightseeing in city.
- Expenses incurred in emergency evacuation/road block due to any reason, table drinks, snacks while walking
- Service other then mentioned on above as "Your price includes" topic