Everest Short Trekking



As part of the main Everest trekking program in Nepal, this trek commences after boarding the Lukla flight from Kathmandu. There is an ideal trek for those having limited time but are still interested in viewing the Mt. Everest and surrounding mountains panoramas. Known as the Yak Trail of Nepal, this trekking provides one of the finest walking holidays in the Sherpa home town.

Duration: 8 days

Price: $950

Rating: 3 Star

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Everest Region

Quick Facts

Trekking region: Khumbu

Himalayan sights: Mt. Everest the highest mountain in the world and beside that Lhotse, Nuptse, Pumori, Amadablum, Thamserku and so on.

Total Days: 8 days

Trek Days: 08 Days

Trek distance: 100 KM Approx

Better Season: Sept to Dec & Feb to May (all season)

Attractions: Close Mountain View, Villages

Transportation: By tourist bus / private / flight

Accommodation : Hotel, Resort & tea house

Highest access of the trek: 3860m / 12661ft Tengboche

Culture & races: Sherpa

Itinerary:

Day 1: Arrive in Kathmandu (1,345m/4,413 ft), transfer to hotel

Day 2: Sightseeing in Kathmandu city & arranges trekking permit.

Optional Trip: Mountain Flight in the morning which start from 6:40 to till 7:40 Mountain flight will cost extra US$ 203/person will take you to show most of Nepal's and Tibet's mountains including Mt. Everest

Today you will have a morning guided tour of Boudhanath and Pashupatinath. Boudhanath is a great white half dome with the Eyes of Buddha painted on it and is one of the most famous cultural icons of Nepal. It is a site of very active worship and nowhere on earth will you encounter such a concentration of varied Buddhist activity. Not far away you will visit one of the holiest and venerated of all Hindu temples, Pashupatinath. Non-Hindus are not allowed inside the golden-roofed pagoda-style temple, but you can glimpse the great gold bull through the doorway. A great pilgrimage occurs here in February, attracting Hindu ascetics and devout worshippers from all areas of the Hindu world. Rhesus monkeys are everywhere around the grounds, riverside cremations are often taking place and there is always a colorful group of ascetic pilgrim visitors encamped in the general area. If time permits you will visit the Tibetan refugee center and Patan, another of the old Kingdoms of the Kathmandu Valley.

Day 3: Kathmandu to Lukla - ((2,800m/9,186 ft) 35-45 minutes flight.-Phakding 2640m

After breakfast, we take a drive for 10 to 20 minutes to TIA and take 35- 45 minutes flight to Lukla. during the flight you can see many mesmerizing mountain's profiles from west to east. . after off flight, you proceed to Phakding along the Sherpa village and natural beauty of Dudh Koshi river view, some mountain views, and landscapes of Pharak.

Day 4: Trek to Namche (3,440m/11,286 ft) 5hrs

We start our trek to Namche after breakfast from where we can seeing the beautiful scenery of Thamserku and Khumbila. After a walk of two and a half hour, you will reach Jorsalle where will check your trekking and entry permit of Sagarmatha national park.your Lunch will thereby Jorsalle. After Lunch you will head towards Namche . after one hrs walk you will cross the bridge in hight over Dudh Koshi and start climbing to Namche. Stay at the hotel and lodge.

Day 5: Namche Bazar - Day Hike (Everest View from Everest Hotel - Khumjung)

This day is for acclimatizing. During the day you can visit Syangboche, Thame or Khunde, Khumjung as side hike. Enjoy the magnificent view of the Himalayas including Mount Everest, Lhotse and Ama Dablam. After enjoying the view and relaxing we continue to the traditional Sherpa villages of Khumjung/Khunde. On the way back, we visit the Sherpa Culture Museum and Everest Photo Gallery. Stay overnight at the hotel.

Day 6: Namche to Lukla (2800m) 7-8 hrs

The trek continues along the Dudh Kosi River to the small mountain airstrip at Lukla, where you will catch your return flight to Kathmandu. Overnight at guesthouse.

Day 7: Lukla to Kathmandu

We fly back to Kathmandu from Lukla with the Everest scenarios. From the airport, we drive to the hotel and enjoy the whole day of shopping and rest. Overnight at Hotel.

Day 8: Departure Day

Final Departure. We take you to the airport for your final departure.

Cost Include:

- Airport / Hotel / Airport pick up & drop by private car / van
- Twin sharing accommodation on BB plan & single room for odd number at Hotel Blue Horizon or similar hotel in KTM - 4 nights
- Accommodation in local lodge during the trekking period
- Guided city tour in Katmandu by car / van for 2 days
- All meals (breakfast, lunch and dinner) at tea houses during the trek to and from Kathmandu
- 1 government licensed English speaking Guide for every 10 trekkers during the trek to and from KTM
- 1 porters for every two trekkers to carry the luggage during the trek
- Domestic airfare where applicable as per the itinerary
- National Park or Conservation area entry permits for trekkers
- TIMS card (Trekker's Information Management System) for trekkers
- Tax, VAT, official expanses and company profit
- Welcome and farewell dinner
- Rest of the land transport as per the itinerary
- All Government and local taxes
- First aid kit comprehensive
- Salary, allowances, equipment, clothing & insurance for all field staff including porters
- Trekking map for each trekkers

Cost exclude:

- Lunch and dinner while in Kathmandu
- Your personal travel insurance and medical evacuation in case of emergency (compulsory)
- International airfare and airport taxes
- Excess baggage charges while domestic flight, hot shower, battery charge (during the trek), telephone etc.
- Nepal entry visa fee (US$ 30 per person) you obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu
- Alcoholic beverages, hot and cold drinks, bottle and boiled water, laundry and hot shower in trekking lodge
- Tips and gratuities for trekking staff and driver
- Sightseeing/Monuments entrance fees in Kathmandu
- Any others expenses which are not mentioned on Price Includes section
- Personal gears & clothing (available on hire)
- Expenses incurred due to accidents, landslide, strikes, political unrest, etc..
- Entrance fees during the cultural sightseeing in city.
- Expenses incurred in emergency evacuation/road block due to any reason, table drinks, snacks while walking
- Service other then mentioned on above as "Your price includes" topic

Other Features:

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