Churen Himal Base Camp Trekking | Churen Himal Expedition |



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The Churen Himal Base Camp trek is located in the Dhaulagiri Region, is a completely isolated trekking destination and is off-the-beaten-path. It takes you to the base camp of Churen Himal at an altitude of 4160m. Churen Himal (7385m) is one of the tallest peaks in Dhaulagiri ranges in western Nepal.

The trek starts from Beni near the city of Pokhara. The trekking trail climbs up the Myagdi Valley and passes through the rhododendron and pine forests. The sight of terraced farms and villages inhabited by ethnic Magar communities will be an added attraction. Other ethnic communities in this region include Gurung and Chhetri.

The trail falls in the territory of Dhorpatan Hunting Reserve, the only hunting reserve in Nepal, that is home to such rare species as Blue Sheep and Snow Leopard. You will enjoy the spectacular views of Dhaulagiri, Annapurna, Gurja Himal, and Churen Himal all along the trek.

The best time to do Churen Himal Base Camp is during Spring or Autumn when the skies are clear and the forest turns into a colorful painting. The trekking is completely a camping trek and is graded as moderately difficult.

Duration: 18 days

Price: $1710

Rating: 3 Star

Grade: Challenging

Destination: Nepal

Activity: Trekking in Nepal

Region: Dhaulagiri Region

Itinerary:

Day 1: Arrive in Kathmandu

Arrive in Kathmandu, transfer to hotel and welcome dinner in the evening.

Day 2: Sightseeing

Sightseeing in Kathmandu and preparation for the trek.

Day 3: Drive to Beni

Drive to Beni (820m) by bus - 10h.

Day 4: Beni - Babi Choaur

Beni - Babi Choaur (950m) - 6h.

Day 5: Babi Choaur - Dharapani

Babi Choaur - Dharapani (1470m) - 6h.

Day 6: Dharapani - Lumsung

Dharapani - Lumsung (2100m) - 6h.

Day 7: Lumsung - Darsinge Kharka

Lumsung - Darsinge Kharka (2940m) via Deurali Pass (3280m) - 7h.

Day 8: Acclimatization day

Acclimatization day in Darsinge Kharka.

Day 9: Darsinge Kharka - Budzunga Bara

Darsinge Kharka - Budzunga Bara (4300m) - 6h.

Day 10: Budzunga Bara - Churen Himal Base Camp

Budzunga Bara - Churen Himal Base Camp (4160m) - 4h.

Day 11: Churen Himal Base Camp - Kaphe Glacier

Churen Himal Base Camp - Kaphe Glacier (4460m) - Churen Himal Base Camp - 5h.

Day 12: Churen Himal Base Camp - Gurja Gaon

Churen Himal Base Camp - Gurja Gaon (2670m) - 6h.

Day 13: Gurja Gaon - Phulai Gaon

Gurja Gaon - Phulai Gaon (1810m) - 6h.

Day 14: Phulai Gaon - Darbang

Phulai Gaon - Darbang (1180m) - 5h.

Day 15: Darbang - Beni

Darbang - Beni - 6h. Drive to Pokhara by bus - 2h.

Day 16: Drive to Kathmandu

Drive to Kathmandu 8h by bus or fly 35 minutes.

Day 17: Farewell time

Free day and farewell dinner in the evening.

Day 18: Final departure

Depart to the airport.

Highlights:

- Visit the Churen Himal Base Camp (4160m)
- Walk through rhododendron and pine forests, ethnic Magar villages
- Visit Dhorpatan Hunting Reserve
- Observe spectacular views of Dhaulagiri, Annapurna, Gurja Himal peaks