Annapurna Panorama Trekking



The trekking trail winds across the Annapurna region's lower elevations, passing through pine, rhododendron, and juniper forests. The primary goal of this journey is to reach the village of Ghorepani (2874m) and hike up to Poonhill (3210m).

Annapurna Ghorepani Poon Hill Trek is one of the shortest and most well-known trekking routes in Annapurna's lower section. The trip continues through a traditional village, terraced farms, and rhododendron woodland before reaching the top of Poon Hill (3210m), completing a comfortable hike circuit that includes Nayapul, Ulleri, Ghorepani, Tadapani, Ghandruk, Birethanti, and Pokhara. Poon Hill is arguably the most popular hill station on the Annapurna journey for watching dawn and sunset views, including the Himalayan panorama of Mt.Dhaulagiri (8167m), Annapurna I (8091m), Tukuche Peak (6920m), Nilgiri (6839m), Barah Shikhar (7654m), Annapurna South (7219m), Fish Tail (6993m), and so on.

Ghorepani is a little village nestled in the forest, with a gorgeous array of rhododendron blooms and the welcoming hospitality and culture of the ethnic Gurung community. You can also visit the Gurung Museum and buy local handicrafts to support the local economy. This trek is also known as the Ghorepani Ghandruk circuit trek. Poonhill, one of the most popular hill stations in the Annapurna region, provides stunning sunset and sunrise views of the Himalayan peaks. Aside from Annapurna I (8091m) and Dhaulagiri (8167m), other spectacular peaks to see include Annapurna South (7219m), Nilgiri (7061m), Macchapuchre (6993m), and Hiunchuli (6441m), among others.

The Annapurna Panorama Trekking can be done at any time of year, but the Himalayan views are best in the spring and autumn. The trek starts in Nayapool in Pokhara and concludes at Jhinu village.

Duration: 11 days

Price: $999

Rating: 3 Star

Grade: Moderate

Destination: Nepal

Activity: Trekking in Nepal

Region: Annapurna Region

Quick Facts

Trek Days: 7

Total Days in Nepal: 11

Maximum Elevation: 3200 meters

Trek Grade: Moderate

Accommodation: Lodge/Camping

Itinerary:

Day 1: Arrival in Nepal

Arrive in Kathmandu (1350m), transfer to hotel and welcome dinner in the evening.

Day 2: Sightseeing in Kathmandu Valley

Sightseeing in Kathmandu Valley and preparation for the trekking

Day 3: Kathmandu - Pokhara

Transfer from Kathmandu to Pokhara (820m) by bus - 7 Hrs or by plane - 30minutes.

Day 4: Pokhara - Nayapool - Ulleri

Transfer from Pokhara to Nayapool (1050m) by taxi - 1h30.
Nayapool - Ulleri (2070m) - 6h00.

Day 5: Ulleri - Ghorepani

Ulleri - Ghorepani (2865m) - 5h30m.

Day 6: Ghorepani - Poonhill - Ghandruk

Early morning, ascent to Poonhill (3210m) - 1h00 to catch the sunrise over Annapurna and Dhaulagiri ranges and back to Ghorepani. After breakfast, trek to Ghandruk (1950m) - 6h00.

Day 7: Ghandruk - Pothana

Ghandruk - Pothana (1900m) - 6h00.

Day 8: Pothana - Phedi - Pokhara

Pothana - Phedi (1100m) - 3h00. Transfer from Phedi to Pokhara - 45minutes.

Day 9: Pokhara - Kathmandu

Transfer from Pokhara to Kathmandu by bus - 7h00 or by plane - 30minutes.

Day 10: Free day in Kathmandu

Free day in Kathmandu and farewell dinner in the evening.

Day 11: Final departure

Transfer to airport for final departure.

Highlights:

- Hike up to Poonhill to watch sunrise and sunset
- Spectacular views of Annapura I, Annapurna South, Dhaulagiri, Macchapuchre etc.
- Visit Ghorepani, Gurung museum and enjoy ethnic Gurung culture
- Walk through the forests of bamboo, rhododendron, pine and juniper
- Rhododendron forests and diverse landscapes
- Sunrise and sunset from Poon Hill
- Suitable for all fitness levels (with proper training)

Cost Include:

- Airport pick up and drop
- sightseeing in Kathmandu with all applicable entrance fees
- All land transfers as per itinerary by bus
- Hotel accommodation in Kathmandu and in Pokhara
- Accommodation and 3 meals while on the trek
- English speaking a Guide, porter, their daily wages, accommodation, meals, insurance etc
- Annapurna Conservation Area Permit(ACAP)
- TIMS CARD
- Complimentary : Welcome or Farewell dinner in Kathmandu

Cost exclude:

- Items of personal nature ie. Soft/hard drinks, tips etc.
- Travel Insurance (this is a mandatory condition of booking)
- Personal spending money
- Sleeping bag and Down jacket
- Tips

Other Features:

- Trek Days: 7
- Total Days in Nepal: 11
- Maximum Elevation: 3200 meters
- Trek Grade: Moderate
- Accommodation: Lodge/Camping