

# Gokyo Lake Trekking



Named after the Gokyo Lake, Gokyo Lake Trekking in Nepal's Everest Region mainly offers a sense of solitude and tranquility with its massive views of surrounding mountains, including a panoramic view of Mt Everest. Because your walk begins in the lowlands of the Khumbu region, you will be able to enjoy the majesty of nature while also observing the Khumbu village and experiencing the enchanting Sherpa culture.

Duration: 15 days

Price: \$1425

Rating: 3 Star

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Everest Region

## Itinerary:

### Day 1: Arrive in Kathmandu

Arrive in Kathmandu, transfer to hotel and welcome dinner in the evening.

### Day 2: Sightseeing(Kathmandu)

Sightseeing in Kathmandu and preparation for the trek.

### Day 3: Kathmandu to Lukla

Fly from Kathmandu to Lukla(2800m)-40mins. and commence trek to Phakding(2600m)-3h.

**Day 4:** Phakding - Namche Bazaar

Phakding to Namche Bazar(3450m)-6:30h.

**Day 5:** Acclimatization

Acclimatization day in Namche Bazar.

**Day 6:** Namche Bazaar - Phortse Thanga

Namche Bazaar - Phortse Thanga (3680m) - 6h.

**Day 7:** Phortse Thanga - Machhermo

Phortse Thanga - Machhermo (4470m) - 6h.

**Day 8:** Macchermo - Gokyo

Macchermo - Gokyo (4750m) - 5h.

**Day 9:** Day in Gokyo

Rest day in Gokyo. Ascent of Gokyo Ri (5483m).

**Day 10:** Gokyo - Dhole

Gokyo - Dhole (4110m) - 6h.

**Day 11:** Dhole - Namche Bazaar

Dhole - Namche Bazaar - 6h.

**Day 12:** Namche Bazaar - Lukla

Namche Bazar-Lukla-6h.

**Day 13:** Lukla to Kathmandu

Fly from Lukla to Kathmandu-40mins.

**Day 14:** Farewell

Free day and farewell dinner in the evening.

**Day 15:** Final Departure

Taking to airport

**Highlights:**

- Gokyo Lake trekking takes adventurers through a mesmerizing landscape adorned with turquoise glacial lakes, towering peaks, and pristine glaciers in the heart of the Sagarmatha National Park.
- The trek offers awe-inspiring views of some of the world's highest peaks, including Everest, Lhotse, Makalu, and Cho Oyu,

providing a breathtaking backdrop throughout the journey.

- A highlight of the trek is the ascent of Gokyo Ri, a viewpoint situated at an elevation of 5,357 meters, offering panoramic vistas of the Himalayan range and the tranquil Gokyo Lakes below.
- Gokyo comprises a series of six stunning glacial lakes, each with its own unique beauty and significance, making them a sacred pilgrimage site for both locals and trekkers alike.
- Along the trekking route, trekkers have the opportunity to immerse themselves in the rich Sherpa culture, visiting traditional villages, monasteries, and interacting with the friendly locals.
- Gokyo Lake trekking follows well-established trails that lead through alpine meadows, rhododendron forests, and high mountain passes, providing an unforgettable adventure in the heart of the Himalayas.
- Whether trekking solo or in a group, the Gokyo Lake trek promises an exhilarating experience for adventure seekers, offering a perfect blend of natural beauty, cultural immersion, and outdoor exploration.