

## Everest Base Camp [Classic Trek] via Salleri



Salleri to Everest Base Camp Trekking is a trip through the untouched trail. Very few trekkers have explored this route, which is introduced recently. Trek to Everest Base Camp via Salleri offers you the fresh route, and you do not have to fly to Lukla, rather the drive by a private vehicle takes you to Salleri, which is also the district headquarter of the Solukhumbu. It is incredible to trek in this unusual trail to Everest Base Camp.

The road drive to Salleri is quite long, but it will not get disturbed due to any weather change. Salleri Everest Base Camp Trekking package includes untouched trail, Sherpa valleys, unique landscape, Himalayan views and the scenarios of flora and fauna. It is a best-recommended trekking route to Everest Base Camp for those who want to trek from the trail that is not trafficked but unique and awesome. The longer Himalayan walk helps you to get familiar and adapt with the alpine altitude. From Salleri, you trek through Ringmo, Kharikhola, Paiya and join the usual trail from Phakding. The hospitality of the local people and traditional lifestyles make your Salleri Everest Base Camp Treks memorable. From Phakding it heads through Namche Bazaar, Tengboche and Gorakshep, and hike further to Everest Base Camp and Kalapattar. The views of the Everest Himalayan range are mesmerizing. After trekking down to Lukla, you fly back to Kathmandu.

Adventure Thirdpole Treks offer you the wonderful and unusual trek from Salleri to Everest Base Camp having 15 days trekking itinerary. Our local trekking guides lead you through the land of the Sherpas by getting the panoramas of the Everest Region Mountains.

Duration: 19 days

Price: \$1368

Rating: 3 Star

Group Size: Minimum Pax - 2

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Everest Region

### **Itinerary:**

**Day 1:** Arrive in Kathmandu, transfer to hotel

You will have leisure time, followed by an evening welcome dinner at a typical Nepalese Restaurant and discuss the trip, in Kathmandu overnight (1,300m/4265ft.).

Hotel in KTM

**Day 2:** Sightseeing in Kathmandu city & arranges trekking permit

Today you will have a morning guided tour of Boudhanath and Pashupatinath. Boudhanath is a great white half dome with the Eyes of Buddha painted on it and is one of the most famous cultural icons of Nepal. It is a site of very active worship and nowhere on earth will you encounter such a concentration of varied Buddhist activity. Not far away you will visit one of the holiest and venerated of all Hindu temples, Pashupatinath. Non-Hindus are not allowed inside the golden-roofed pagoda-style temple, but you can glimpse the great gold bull through the doorway. A great pilgrimage occurs here in February, attracting Hindu ascetics and devout worshippers from all areas of the Hindu world. Rhesus monkeys are everywhere around the grounds, riverside cremations are often taking place and there is always a colorful group of ascetic pilgrim visitors encamped in the general area. If time permits you will visit the Tibetan refugee center and Patan, another of the old Kingdoms of the Kathmandu Valley.

Optional Trip: Mountain Flight in the morning which start from 6:40 to till 7:40 Mountain flight will cost extra US\$ 182/person will take you to show most of Nepal's and Tibet's mountains including Mt. Everest

**Day 3:** Drive Kathmandu - Salleri 263km (2362m / drive 10hrs ) by Jeep or bus and walk up to Phaplu (2413m) for overnight stay

Early in the morning, we start to drive from Kathmandu to Salleri in a private vehicle. It is a long drive but the road is nice. It is a newly constructed road. During the drive, we can view the panoramas of Riverside, jungle, wonderful landscape and the scattered villages. We cross the bridge at Sunkoshi River and continue through Okhaldhunga. On the way, we can see the incredible peaks as Dudhkunda, Numbur Himal, Everest, and others. Then it is a continual drive up and up, which takes us to the district of Solukhumbu-Salleri.

**Day 4:** Trek Salleri to Taksindo [3071m] - 4 hrs

After breakfast, we start our foothill journey. It goes through the countryside road, which is wide and after our entire hike, today is easy and comfortable. The view of Numbur Himal is awesome and the local scenarios accompany it. The trekkers, who fly to Phaplu from Kathmandu for 25 minutes, have also the same route for trekking. We cross small streams and hill gorges. From Fera, we walk through the jungle of Pine till we get to Ringmo. We walk furthermore 2 hours to reach Taksindo. We enjoy the first-day trek and take a rest.

**Day 5:** Trek Taksindo - Kharikhola [2220m]- 6/7 hrs

From the hill of Taksindo, the picturesque scenarios of Salleri can be explored. The monasteries of the village represent mystical touch with Tibetan Buddhism. From another ridge, the views of Lukla, Nunthala valley astound us. Then we descend through the alpine forest, pass the Nunthala village and continue to trek down, cross the Dudhkoshi River and get up to Jubing. After about 2

hours ascend, we reach Kharikhola.

**Day 6:** Trek Kharikhola - Paiya [2850m] – 6 to 7 hrs

Kharikhola is a densely populated village of the Magar ethnic group. Their cultural lifestyles are unique and have wonderful hospitality. We start our today's walk; pass the village, cross the stream. Then it is a continual climb up to Bupsa hill. Then it is a gentle climb up to the top. There are few tea houses. Till Paiya, we walk mostly through the flat and rocky trail.

**Day 7:** Trek Paiya - Phakding [2640m] – 6/7 hrs

After breakfast, we trek through the easy trail for 2 hours. Then we descend to Surke, which is all steep down. It is the base of Lukla (the gateway of Everest trekking, mostly for the trekkers who prefer to go by flight). It is now the gentle climb up by exploring the local surrounding of the Sherpa village, pass the yak grazing meadows and reach to Phakding.

**Day 8:** Trek Phakding - Namche Bazaar [3,440m] - 5/6hrs

Crossing the suspension bridge, the walking continues to ascend up to Jorsalle, the entrance to the Sagarmatha National Park. It is a gradual ascent to Namche Bazaar, exploring the first sights of the Everest panorama view.

**Day 9:** Explore and acclimatize (Climbing higher and sleep lower)

We hike to the local area as Syangboche and Hotel Everest View. The views of Ama Dablam and other stunning range as Lhotse are seen clearly. We also have an opportunity to explore the traditional customs of the Sherpa people.

**Day 10:** Trek Namche - Tengboche (3867m) 5/6 hrs

After breakfast, the trip commences through the wonderful hills and glacial river Dudh Koshi. The views of blue pine forest attract us and we reach Tengboche via Phunki Tenga and Soso Kharka. The Tengboche Monastery is located at 3870 meters altitude with its rich decoration.

**Day 11:** Trek Tengboche - Dingboche [4260m] - 5/6 hrs

In the morning, our trek continues to and we get the wonderful views of mountains, the wilderness of flora and fauna as Musk Deer, Blue Sheep and others. Crossing Somare, Orsho and heading through the Imja Khola, we reach Dingboche.

**Day 12:** Trek Dingboche - Lobuche [4930m] - 5/ 6hrs

After breakfast, we head by making the destination of Lobuche. Following the trail via Dusa and crossing the Dugla Pass, we reach to Lobuche with the tough walk through the Khumbu glacier. On the way, we can see the stone memorials for climbers, who have passed away on the nearby mountains.

**Day 13:** Trek Lobuche - Gorakshep [5140m] and hike Everest Base Camp [5364m] - 8/9 hrs

Heading through the rugged trail gives you the adventure experience. It goes by another side of the Khumbu glacier. After about an hour, then we walk steep up to get the top and continue through the rough rocky trail. We reach Gorakshep through the Italian Research Center and Lobuche Pass. After a rest, we hike further to the Everest Base Camp through the new moraine route. On the way, we can see Pumori, Nuptse and other mountains on the background. Everest view is available only before reaching to Everest Base Camp. It is not that much difficult to walk because of the trail, but the higher altitude makes it tough. Then, we descend back to Gorakshep.

**Day 14:** Hike to Kalapattar [5545m] and trek down to Pheriche [4243m]- 7/8 hrs

In the early morning, we hike to Kalapattar, which is also a good viewpoint of the Everest range. The views of Mt. Everest, Lhotse face, Nuptse, Ama Dablam, Taboche, Cholatse, Lobuche East and Pumori on the background, which is just behind the Kalapattar. The golden mountains during the sunrise period are fabulous, including the top of the world. Then we descend to Gorakshep, have breakfast and trek down all the way to Pheriche.

**Day 15:** Trek Pheriche - Namche Bazaar [3440m] - 6/7hrs

After breakfast, we start to trek down to Namche Bazaar via Taboche, Pangboche, and Phunki Tenga. The views of the Himalayas and forest are wonderful.

**Day 16:** Trek back to Lukla [2860m] - 6/7 hrs

From Namche Bazaar, we continue to trek down to Lukla, the last trekking day of the trip. With the view of the waterfall and Sherpa villages, we cross the Phakding, Nurning and reach to Lukla.

**Day 17:** Fly out from Lukla - Kathmandu (1350m) - 35 minutes

Fly early morning to Pokhara and go for boating in Fewa lake and Temple in the middle of Fewa lake. If you have time to spend a few more days in Pokhara cause its really nice and clean city in Nepal.

**Day 18:** Sight Seeing Bhaktapur

**Day 19:** Fly back home

Final time for shopping or exploring Kathmandu. You will realize there is much more to do in Nepal. If you have specific requests to see things not included, wish to contact professional peers in an informal setting, or pursue other ventures, let us know and we can easily add extra days to this itinerary to meet your needs. Late morning transfer to the airport for your onward flight or continuing on with other explorations in Nepal.

**Cost Include:**

- Airport / Hotel / Airport pick up & drop by private car / van
- Twin sharing accommodation on BB plan & single room for odd number at Hotel Blue Horizon or similar hotel in KTM - 4 nights
- Accommodation in local lodge during the trekking period
- Guided city tour in Kathmandu by car / van for 2 days
- All meals (breakfast, lunch and dinner) at tea houses during the trek to and from Kathmandu
- 1 government licensed English speaking Guide for every 10 trekkers during the trek to and from KTM
- 1 porters for every two trekkers to carry the luggage during the trek
- Domestic airfare where applicable as per the itinerary
- National Park or Conservation area entry permits for trekkers

- TIMS card (Trekker's Information Management System) for trekkers
- Tax, VAT, official expenses and company profit
- Welcome and farewell dinner
- Rest of the land transport as per the itinerary
- All Government and local taxes
- First aid kit comprehensive
- Salary, allowances, equipment, clothing & insurance for all field staff including porters
- Trekking map for each trekkers

**Cost exclude:**

- Lunch and dinner while in Kathmandu
- Your personal travel insurance and medical evacuation in case of emergency (compulsory)
- International airfare and airport taxes
- Excess baggage charges while domestic flight, hot shower, battery charge (during the trek), telephone etc.
- Nepal entry visa fee (US\$ 30 per person) you obtain a visa easily upon your arrival at Tribhuvan International Airport in Kathmandu
- Alcoholic beverages, hot and cold drinks, bottle and boiled water, laundry and hot shower in trekking lodge
- Tips and gratuities for trekking staff and driver
- Sightseeing/Monuments entrance fees in Kathmandu
- Any others expenses which are not mentioned on Price Includes section
- Personal gears & clothing (available on hire)
- Expenses incurred due to accidents, landslide, strikes, political unrest, etc..
- Entrance fees during the cultural sightseeing in city.
- Expenses incurred in emergency evacuation/road block due to any reason, table drinks, snacks while walking
- Service other then mentioned on above as "Your price includes" topic