Budhanilkantha Mandir (Temple) - Gosainkunda Lake Trekking

Budhanilkantha - Gosainkunda Trekking is a combination of pilgrimage and Himalayan adventure to two of the holiest sites in Nepal- the temple of Budhanilkantha and Gosainkunda Lake (4380m). In this trek, you will have plenty of opportunities to enjoy superb views of the Himalayan peaks as well as appreciate Nepal's cultural and natural biodiversity.

Budhanilkantha - Gosainkunda Trekking begins with a 1-hour drive to Budhanilkantha. The 7th-century temple hosting an impressive reclining statue of Lord Vishnu is perched on the northern edge of Kathmandu, on the foot of Shivapuri hill. This is where your trekking starts as you climb up the Shivapuri National Park, one of the youngest parks, full of wildlife activities.

Enroute you will visit two beautiful lakes, Sagarkunda (2915m) and Yeklekunda (3800m). The trekking trail passes through scenic traditional villages, terraced farms, streams and green hills. The green dense forests are covered with rhododendron and pine trees that come alive with the chirping of birds and other wildlife.

The views of Himalayan peaks will greet you throughout the trek. This becomes more prominent as you enter Langtang National Park towards Gosainkunda Lake. Langtang Lirung, Dorje Lakpa, Gaurishanker, Rolwaling, Langtang, Annapurna Ganesh Himal, Manaslu, Lakpha Dorje are some of the peaks visible from the Lake. Gosainkunda Lake is one of the holiest lakes in the Himalayas, visited both Buddhists and Hindu pilgrims.

Budhanilkantha - Gosainkunda Trekking has been designed by Adventure Thirdpole Treks in order to open a new way and promote an isolated but interesting region of Nepal: the District of Nuwakot.

Duration: 14 days

Price: $1330

Rating: 4 Star

Grade: Challenging

Destination: Nepal

Activity: Trekking in Nepal

Region: Langtang Region

Itinerary:

Day 1: Arrive in Kathmandu

Arrive in Kathmandu, transfer to hotel and welcome dinner in the evening.

Day 2: Sightseeing

Sightseeing in Kathmandu and preparation for the trek.

Day 3: Drive to Budhanilkantha

Drive to Budhanilkantha (1400m) by bus - 45 minutes and commence trek to Alchhe (1790m) - 4h.

Day 4: Alchhe - Mane Banjhyang

Alchhe - Mane Banjhyang (1780m) - 5h.

Day 5: Mane Banjhyang - Baghmara

Mane Banjhyang - Baghmara (1825m) - 6h.

Day 6: Baghmara - Sagarkunda

Baghmara - Sagarkunda (2470m) - 5h30.

Day 7: Sagarkunda - Yeklekunda

Sagarkunda - Yeklekunda (4200m) - 7h.

Day 8: Yeklekunda - Gosainkunda

Yeklekunda - Gosainkunda (4380) - 7h.

Day 9: Exploration

Exploration around Gosainkunda.

Day 10: Gosainkunda - Rahu

Gosainkunda - Rahu (3785m) - 6h.

Day 11: Rahu - Kalche.

Keep walking from Rahu to Kalche.

Day 12: Kalche - Nuwakot

Kalche - Nuwakot - 3h. Drive to Kathmandu by bus - 4h

Day 13: farewell

Free day and farewell dinner in the evening.

Day 14: Final departure.

Depart to airport

Highlights:

- Visit the hindu shrine of Budhanilkantha
- Trek through Shivapuri and Langtang National Park
- Visit Gosainkunda Lake
- Enjoy superb view of Langtang, Gaurishankar, Rolwaling, Annapurna, Manaslu Himalayan ranges